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(54) A method for producing an expanded pasta-based snack

(57) A method for the production of a pasta based snack including the preparation of a pasta dough with a moisture content of 26-35% starting from a mixture containing a starch based flour, water and salt, the shaping of the pasta by extrusion of said pasta dough, its baking

in a hot air oven at a temperature of 220°-280°C with an air flow rate of at least 15 m/s, with consequent expansion and obtaining of an expanded baked pasta having a moisture content lower than or equal to 6%.

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Description**Field of application**

[0001] The present invention comes within the technical sector of the food industry and refers to a method for the production of an expanded pasta-based snack.

[0002] The invention refers particularly to a method for the production of an non-fried expanded snack based on pasta, with a reduced fat content and the typical form of classic short pasta formats.

Known state of the art

[0003] The longest known salty snacks are the classic fried potato crisps/chips, and they are still today extremely widespread. These were followed by other types of snacks, also fried, characterized by quite a high fat content (up to 30%). It is only in recent decades that we have seen the appearance on the market of non-fried snacks, as a consequence of consumer demand for foods more acceptable from the dietetic-nutritional point of view.

[0004] The main obstacle to the diffusion of these last snack types is the fact that they cannot be compared with fried snacks in terms of taste, consistency and appearance.

[0005] Non-fried snacks are produced by extrusion technology; for example snacks based on corn are obtained by extruding pellets starting from corn starch-based doughs, partial drying of the pellets and their expansion in warm air, obtaining a very aerated and light structure.

[0006] Instead today's currently known pasta based snacks are obtained through a two phase process, that provides for the extrusion of a dough of durum wheat semolina and water and its frying (see, e.g. patent application EP-A-0 588 600). The fat content of snacks produced in this way is therefore quite high (around 15%).

[0007] Finally, there has been the recent disclosure, in the patent US 6 045 851, of a new process for preparing snacks with a pasta base that avoids the above mentioned frying phase and permits the obtaining of a snack with a low fat content (lower than 2%).

[0008] According to such a process the pasta based snacks are prepared by subjecting a dough for pasta to extrusion to obtain pellets that are then partially dried in hot air, kept in constant movement by air at a lower temperature than the drying air, and finally expanded with hot air.

[0009] The thus obtained snacks are very aerated, greatly "blown up", and do not show a well defined and constant form like that of classic pasta formats.

[0010] The problem at the base of the present invention is that of making available a pasta based snack in align with the current demand for foods of low fat content but with organoleptic-structural characteristics close to

those of the fried snacks, and with an appearance that brings to mind as much as possible the look of traditional pasta formats.

5 Summary of the invention

[0011] Such a problem has been solved, according to the invention, by a method for the production of a pasta-based snack that includes the steps of:

- 10 a) preparing a dough with a 26-35% moisture content starting from a mixture containing a starch based flour, water and salt;
- 15 b) shaping the pasta by extruding the dough;
- 20 c) subjecting the thus shaped pasta to baking in a hot air oven at a temperature of a 220°-280°C with an air flow rate of at least 15 m/s, thus causing its surface expansion;
- 25 d) taking the moisture content of the expanded baked pasta to a value lower than or equal to 6%, optionally through an additional drying phase.

[0012] The moisture content of the expanded baked pasta is suitably taken to a value lower than or equal to 2%.

[0013] The shaping of the pasta by extruding the dough indicated in step b) includes, implicitly, the cutting operation of the extrudate, carried out each time a "short" format of pasta is produced.

[0014] The final expanded baked pasta can possibly have one or more ingredients added to it, such ingredients being selected from the group comprising vegetable oils, flavors, powdered cheese, powdered dried vegetables and salt.

[0015] The moisture content of the starting dough is suitably between 28 and 30%.

[0016] The air flow rate during the oven baking phase is preferably between 15 and 30 m/s.

[0017] The term "starch based flour" is intended as a material in powder or granules obtained by the grinding of parts of vegetables containing, as the quantitatively prevailing ingredient, starch.

[0018] In particular, the starting starch-based flour is preferably selected from the group comprising: durum wheat semolina and flour, soft wheat flour, rice flour, corn flour, native starch of wheat, native starch of corn, potato starch, potato flour, potato flakes, "waxy" corn starch, pre-gelatinized starch and their mixtures.

[0019] Conveniently, the flour of amyloseous material includes at least 50% durum wheat semolina and is, to its great advantage, made of durum wheat semolina.

[0020] Furthermore the starting dough can include other optional ingredients like proteins, particularly vegetable and milk proteins, for up to 10% of the total weight of the dough.

[0021] Other optional ingredients in the starting dough are the following:

dehydrated powdered vegetables, particularly tomatoes and spinach, up to 5% of the total weight of the dough;

powdered cheese, lactose, in particular for up to 5% of the total weight of the dough;

emulsifiers like, in particular, lecithin and mono- and diglycerides of alimentary fatty acids (for up to 1% of the total weight of the dough);

fats, and in particular vegetable oils and vegetable margarine, for up to 3% of the total weight of the dough.

[0022] The starch based flour can be mixed with water and with the possible additional ingredients in a mixer chosen from among those usually used for the production of pasta, or in the extruder itself where the extrusion will later take place. Once the said ingredients are fed into the first area of the extruder, that can be a single- or a twin-screw extruder, the kneading is done at low speeds for about 20'. The dough in the area of the extruder immediately preceding the die is at a temperature lower than 80°C and generally higher than 60°C.

[0023] With regard to the dies, convenient use can be made of dies traditionally employed in pasta production, provided they have a wad thickness of 0.3 to 0.7 mm, with an optimal value of 0.4 mm.

[0024] With such dies practically all the classic short pasta formats can be obtained, such as e.g., penne, half-penne, rigatoni, helixes, fusilli, macaroni.

[0025] The product leaving the extruder is cut appropriately into pasta pieces of the desired format, and these are transported, by a means that avoids product sticking, e. g. vibrating nylon frames, to an expansion oven of the hot air-jet type ("impingement").

[0026] Here the pieces of pasta expand in a controlled manner, that is, in such a way as to maintain the form given in the extrusion and cutting phases, and their moisture content generally drops below 6%.

[0027] In order to increase to the maximum the crispness of the final snack and to extend its shelf life as much as possible, the moisture content of the expanded pasta can be taken to a value lower than, or equal to, 2%, by submitting the expanded pasta to a further drying phase in a hot-air stream, e. g. in a Proctor dryer type oven at 100°C.

[0028] At this point the pasta snack can be packed as is or put through a flavoring phase, done according to known methods like, for example, passage through flavoring drums. In this case, the snack is sprayed with vegetable oil in a first drum and, in a second drum, with flavors and powdered ingredients like cheeses, dehydrated vegetables, spices, salt, sugars etc..

[0029] The pasta snack obtained by the method according to the present invention is characterized by being extremely crisp and crumbly, bringing very much to mind the classic potato crisp, but having a markedly lower fat content, generally lower than 2% in the non-flavored version.

[0030] The snack according to this last version is itself already endowed with particularly appreciated organoleptic and textural characteristics and is, furthermore, suitable to be consumed accompanied by sauces (e.g., ketchup, tartar sauce, spicy sauces, mayonnaise, etc.).

[0031] The apparent specific weight of the snack according to the invention obviously varies according to the particular pasta format that it simulates but results in being constantly superior to that typical of low-fat content pasta snacks known till now. This indicates that the snacks, according to the present invention, have undergone controlled expansion that leads to a structure that is not extremely aerated and "blown up" like in the above cited snacks of low-fat content.

Detailed description

[0032] The method according to the present invention will be further described by making reference to some examples, given in explanation but not limitative.

EXAMPLE 1

[0033] A dough for the production of a snack according to the invention has been prepared starting from the following ingredients, where the quantities are expressed in kg:

35	Durum wheat semolina	5.5
	Water	2.9
	Potato flour	4.5
	Pre-gelatinized starch	0.83
40	Salt	0.25

[0034] The above listed ingredients were kneaded for about 30' in a horizontal paddle mixer. The resultant dough, with a moisture content of about 29%, was then submitted to extrusion in a press for pasta at a pressure of 90 bar, using a die for spiral noodles (tortiglioni) with a wad thickness of 0.4 mm; the extruded pasta leaving the die were cut into 4 cm long pieces (tortiglioni).

[0035] The tortiglioni obtained as a result of cutting the extruded pasta were collected on frames and loaded into a Wolverine Jetzone oven where they were kept for 35 seconds at 260°C and an air flow rate of 20 m/s, obtaining in this way the expansion of the tortiglioni. Finally the expanded tortiglioni were dried for 60' in a static oven with hot air (100°C) to take them to a moisture content of 2%.

EXAMPLE 2

[0036] A dough for the production of a snack according to the invention was prepared starting from the following ingredients, where the quantities are expressed in kg:

Potato flour	5.7
Potato starch	4.9
Water	4.5
Potato granules	2.0
Vegetable margarine	0.77
Salt	0.25
Lactose	0.15
Lecithin in powder	0.04
Monoglycerides of fatty alimentary acids	0.04

[0037] The ingredients listed above were kneaded for about 20' in a horizontal paddle mixer. The thus obtained pasta, that had a moisture content of about 31%, was then subjected to extrusion in a press for making pasta at a pressure of 60 bar, using a die for penne rigate ("scored" penne) with a wad thickness of 0.4 mm and cutting the extruded pasta leaving the die in 4 cm long pieces (penne rigate).

[0038] The penne rigate obtained as a result of cutting the extruded pasta were collected on frames and loaded in an "impingement" Fen type oven and kept there for 48 seconds at 240°C with an air flow rate of 18 m/s, obtaining in this way the expansion of the penne. The expanded penne were finally dried for 60' in a static oven with hot air (100°C) to take them to a moisture content of 2%.

[0039] The apparent specific weight of the expanded penne rigate prepared in this way was 120 g/l.

EXAMPLE 3

[0040] A dough for the production of a snack according to the invention was prepared starting from the following ingredients, where the quantities are expressed in kg:

Durum wheat semolina	10
Corn starch	5
Salt	0.15

[0041] The above mentioned ingredients were fed into a twin-screw extruder BC 45 Clextral equipped with a die for fusilli, continuously adding water with such a flow rate as to obtain a pasta with a moisture content of 27%. The extruder was kept at the following temperatures: t₁ 35°C, t₂ 60°C, t₃ 36°C. The extrusion of the pasta occurred at a pressure of 85 bar and, as it extruded, the product had a temperature of 55°C.

[0042] The fusilli obtained on cutting the extruded

pasta (length 4 cm and diameter 0.5 cm) were collected on frames and loaded in an "impingement" Fen type oven and kept there for 45 seconds at 240°C with an air flow rate of 21 m/s, obtaining in this way the expansion of the fusilli. The expanded fusilli were finally dried for 8' in a hot air Proctor dryer (100°C) to take them to a moisture content of 2%.

[0043] The apparent specific weight of the expanded fusilli prepared in this way was 140 g/l.

EXAMPLE 4

[0044] A dough for the production of a snack according to the invention was prepared starting from the following ingredients, whose quantities are expressed in kg:

Durum wheat semolina	10
Corn starch	5
Water	4
Salt	0.15

[0045] The ingredients listed above were kneaded for about 20' in a horizontal paddle mixer. The thus obtained pasta, that had a moisture content of about 30%, was then subjected to extrusion in a single-screw extruder for pasta at a pressure of 80 bar, using a die for pipe rigate with a wad thickness of 0.4 mm.

[0046] The pipe rigate obtained as a result of cutting off the extruded pasta were collected on frames and loaded into an "impingement" Fen type oven where they were kept for 40 seconds at 250°C with an air flow rate of 20 m/s, obtaining in this way the expansion of the pipe rigate. The expanded pipe rigate were finally dried for 60' in a static hot air oven (100°C) to take them to a moisture content of 2%.

[0047] At the end of the drying, the expanded pipe rigate were flavored by passing them through appropriate flavoring drums, using for 100 parts by weight of expanded pipe rigate 2 parts by weight of basil flavoring and 15 parts by weight of the following mixture:

Vegetable oil	71%
Basil in powder	11.5%
Salt	8%
Ground pine nuts	3.7%
Flavoring	2.5%
Powdered Parmesan cheese	2.34%
Powdered pecorino (sheep) cheese	0.6%
Sugar	0.6%
Powdered garlic	0.01%

[0048] The percentages reported above are by weight of the total weight of the mixture.

Claims

1. A method for the production of a pasta-based snack including the steps of:

a) preparing a pasta dough with a moisture content of 26-35% starting from a mixture including a starch based flour, water and salt;

b) shaping the pasta through extrusion of said dough;

c) subjecting the thus shaped pasta to oven-baking in hot air at a temperature of 220°-280°C with an air flow rate of at least 15 m/s, achieving its expansion;

d) taking the moisture content of the expanded baked pasta to a value lower than or equal to 6%, optionally through an additional drying phase.

2. A method according to claim 1, wherein said moisture content of the pasta is taken to a value lower than or equal to 2%.

3. A method according to claim 1 or 2, including the further step of adding to said expanded dried baked pasta one or more ingredients chosen from the group including vegetable oils, flavors, powdered cheeses, powdered dehydrated vegetables and salt;

4. A method according to any one of claims 1 to 3, wherein the moisture content of said dough is between 28 and 30%.

5. A method according to any one of the previous claims, wherein the air flow rate during the step c) of oven baking is between 15 and 30 m/s.

6. A method according to any one of the previous claims, wherein said starch based flour is selected from the group including: durum wheat semolina and flour, soft wheat flour, rice flour, corn meal, wheat native starch, corn native starch, "waxy" corn starch, potato starch, potato flour, potato flakes, pre-gelatinized starch and mixtures thereof.

7. A method according to claim 6, wherein said starch based flour contains at least 50% durum wheat semolina.

8. A method according to claim 6, wherein said starch based flour is made of durum wheat semolina.

9. A method according to any one of the previous claims, wherein said pasta dough contains at least 5 one ingredient selected from the group including vegetable proteins, milk proteins, powdered dehydrated vegetables, powdered cheeses, lactose, lecithin and alimentary mono- and diglyceride fatty acids, vegetable oils and vegetable margarine.

10. A method according to any one of the previous claims, wherein said step b) of extrusion is carried out by means of a press for making pasta fitted with a die having a wad thickness between 0.3 and 0.7 mm.

11. A method according to any one of the previous claims, including the further step of subjecting said dried expanded baked pasta coming from step d) to flavoring.

12. A method according to claim 11, wherein said flavoring is done by adding, to said dried expanded baked pasta, dosed quantities of vegetable oil and at least one powdered ingredient selected from the group including flavorings, cheeses, dehydrated vegetables, spices, salt, sugars.

13. A snack based on pasta with a fat content of lower than 2% in weight and having the typical form of a short pasta format, obtainable by the method according to any one of the previous claims.



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EUROPEAN SEARCH REPORT

Application Number

EP 01 83 0608

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Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	CLASSIFICATION OF THE APPLICATION (Int.Cl.)
X,D	US 6 045 851 A (CROSS JAMES C) 4 April 2000 (2000-04-04)	13	A23L1/16
A	* column 1, line 45 - column 2, line 15 * * column 6, paragraph 3 - paragraph 4 * * tables 1,2 *	1-12	A23L1/18
X	US 4 525 371 A (BLEMLEK WILLIAM A) 25 June 1985 (1985-06-25)	13	
A	* column 2, line 3 - line 23 * * column 4, line 1 - line 35 * * example II *	1-12	
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	* column 2, line 25 - column 3, line 20 * * column 6, line 45 - line 51 * * column 6, line 66 - column 7, line 55 * * column 8, line 64 - column 9, line 65 *	1-12	
Y	R.B. FAST: "Breakfast Cereals and How They Are Made" 1990, AMERICAN ASSOCIATION OF CEREAL CHEMISTS, USA XP002190461 Pages 130-133 * page 132, paragraph 2 - page 133, paragraph 1 *	1-12	TECHNICAL FIELDS SEARCHED (Int.Cl.)
X	US 5 861 186 A (AKIRA FUJIWARA ET AL) 19 January 1999 (1999-01-19)	13	A23L
	* column 1, line 65 - column 2, line 17 * * column 3, paragraph 2 - paragraph 3 * * examples *		
The present search report has been drawn up for all claims			
Place of search	Date of completion of the search	Examiner	
THE HAGUE	15 February 2002	Vuillamy, V	
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X : particularly relevant if taken alone	T : theory or principle underlying the invention		
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**ANNEX TO THE EUROPEAN SEARCH REPORT
ON EUROPEAN PATENT APPLICATION NO.**

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